

Independent Living Program Goals

To enable youth to successfully achieve a smooth transition into adulthood, they must be provided appropriate services and linked with resources that assist them to develop into competent adults. Services available to youth include:

- Assistance in obtaining high school diploma, GED, vocational training, or college degree;
- Preparation for post-secondary;
- Career exploration;
- Materials necessary to obtain or retain employment;
- Training in daily living skills;
- Education in preventive health activities;
- Development of interpersonal skills;
- Assistance in understanding physical and emotional changes of adolescence;
- Preparation to assess their need for and obtain their own medical, dental, and mental health services when they leave care; and
- Provision of personal and emotional support through interactions with adults and mentors as youth age out of foster care.